

The stages of injury.

It is important to know in what stage your injury is classified when choosing a support. If you have questions, consult your health care professional.

Acute Stage

Conditions are classified as acute for the first 72 hours following an injury. Treatment for acute injuries should begin as soon as possible and focus on stabilization and comfort. The R.I.C.E. treatment regime (rest, ice compression, elevation) is recommended to minimize swelling.

Sub-Acute Stage

Conditions are classified as sub-acute from 72 hours to six to eight weeks after an injury. By this time, swelling is under control and the injury is well into the healing stage. During this stage, extremity supports can provide important support during rehabilitation.

Chronic Stage

Chronic conditions, such as ongoing weakness or instability, may be caused by repeated injuries or arthritis. Extremity supports help supplement weak muscles and ligaments, and provide a reassuring feeling of joint strength and stability for those with arthritis.

Keep in mind that these time frames are only guidelines. Healing times may vary depending on the severity of an injury. Consult your health care professional to determine the best treatment plan for your injury.



Help prevent injuries!

Extremity supports are used to:

- Provide compression to control swelling, and provide support and stability for early protection during injury.
- Provide warmth by constraining body heat to increase circulation and thereby facilitate healing.
- Provide moderate to maximum stability to prevent re-injury.
- Help prevent injury during activity.

A properly fitted extremity support helps decrease pain and avoid harmful movements, allowing the wearer to return to activity more quickly. A return to activity can help strengthen the area of injury and allow it to heal sooner.

To order, contact:

Manufactured by:
 **Core Products**
INTERNATIONAL, INC.
800-365-3047 • 715-294-2050 (Int'l)
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Serious help to protect, prevent and heal!



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Making Your Life More Comfortable

Prevent injury with superior support.



Product #6506

Universal Elbow Support

- Helps alleviate tennis elbow, supinator muscle strain and tendinitis.
- Adjustable, wraparound design features hook-and-loop closure and plush lining.
- One size fits most.

Helps provide temporary relief of acute, sub-acute and chronic inflammation of the elbow. Use only during periods of activity.



Product #6894, 6895

PowerWrap® Wrist Brace

- Get a custom fit every time with our exclusive Positive Tensioning System.
- Easy to wear and adjust.
- Durable canvas outer shell provides support, while soft, resilient fabric provides a comfortable fit over tender spots.
- Reshapable palmar spoon adds support.

Designed for pre- and post-surgery use, such as for carpal tunnel syndrome or injury; and for strains, sprains, inflammation or arthritic conditions. Use also as a preventive measure in high-stress environments, and for acute, sub-acute and chronic wrist conditions.



Product #6350

PowerWrap® Ankle Brace

- Get a custom fit every time with our exclusive Positive Tensioning System.
- Easy to wear and adjust.
- Unique center wedge allows for greater flexion and extension while maintaining proper support.
- Ambidextrous

Effectively helps support and stabilize the ankle following sprains and strains, or the removal of casting. Use for acute, sub-acute and chronic conditions, as well as a preventive measure during activity.



Product #6440

Performance Wrap® Knee

- Best all-around knee support available.
- Provides maximum support to the patella and knee joint while maintaining a full range of motion.
- Wraparound design makes it easy to apply and wear, even over clothing.
- Four-way support system provides custom fit and compression.

Helps stabilize the knee joint when muscles, tendons or ligaments have been weakened or injured. Neoprene construction helps retain natural body heat, which increases circulation, thereby reducing swelling and speeding recovery.



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